

KICK-A-THON INSTRUCTIONS



1. Sign up at front desk and take a printed pledge form (you can get more if you need them)
2. Ask friends and family to pledge! Pledges commit to \$1.00 or \$0.50 for each kick you do in one minute. Plan to do between 40 and 100 kicks!
3. Create your Fundraising Profile by selecting "**Join Team**" on the Centerline Team Page - <https://forest-fundraiser.raisely.com/t/centerline>
4. Show up to our Kick-A-Thon on Saturday, Feb. 11th at 1:30pm, and be ready to kick global warming into space. Families and sponsors are invited to watch at the school, plus we'll stream it live on YouTube!
5. Do as many kicks as you can in 1 minute and raise money to plant trees!
One tree is planted for every dollar you raise!
6. Finally, send your Fundraising Profile with your Kick Total to all of your sponsors for them to donate online. **It's that simple!**



Hi,

I am participating in a Kick-A-Thon to raise money to plant trees with OneTreePlanted.org. With your help, we can help battle climate change!

On Feb. 11th, I will hit a target with my Kung Fu kicks, as many times as I can in 1-minute. You can help by donating \$1.00 or \$0.50 per kick. Or, if you prefer, you can simply donate a flat amount. Either way, *I'll be kicking as fast as I can on February 11th!*

One tree will be planted for every dollar we raise.

You are invited to watch me in person at **Centerline Martial Arts** at 1:30 pm on Saturday, Feb. 11th, or live on our school's YouTube Channel!

[Youtube.com/@Centerline_MartialArts](https://www.youtube.com/@Centerline_MartialArts)

Thank you,